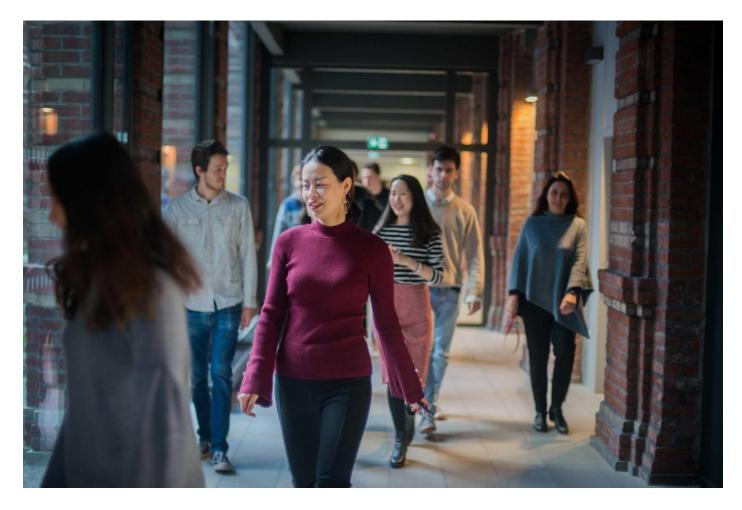


International Student's Guide 2023-2024



On the road to a unique experience abroad in a dynamic school and in a vibrant city!



SUMMARY

SUMMARY	1
1. ARRIVAL IN LILLE	3
By Airplane from:	3
AIRPORT	3
Via Pine	1
VIA RER 2. PRESENTATION OF THE CITY	4
2. PRESENTATION OF THE CITY	<u> 5</u>
LILLE'S ID CARD CLIMATE "LA BRADERIE"	6 6
"International Festival Série Mania"	12
3. SCIENCES PO LILLE	13
GENERAL PRESENTATION	14
SCIENCES PO LILLE BY THE NUMBERS	15
OUR ACADEMIC PROGRAMS	16
A PROGRAM WITH AN INTERNATIONAL FOCUS	16
DUAL DEGREE PROGRAMS	16
DOUBLE MASTERS	
4. FINANCING	21



BANK ACCOUNT	
5. EVERYDAY LIFE	26
Transportation	27
6 HOUSING	30
HUNTING FOR ACCOMMODATION	30
HALL OF RESIDENCE	31
RENTING PRIVATELY	31
TEMPORARY HOUSING	32
COLOCATION	32
Intergenerational housing	33
Moving In	34
Moving out	
AVOIDING SCAM!	
7. COMMUNICATION	39
KEEPING INFORMED	
Internet Access	40
POSTAL SERVICES	41
8. HEALTH	42
Affiliation to the Social Security System	42
FINDING A DOCTOR	43
HEALTH PREVENTION PROGRAM	44
HOSPITALIZATION	45
SEXIST AND SEXUAL VIOLENCE	46
9. VISA	46
10 CONTACT	47



1. ARRIVAL IN LILLE



By Airplane from:

• Roissy-Charles de Gaulle Airport

Trains link the airport and both Lille Flandres and Lille Europe stations every hour.

Hours and booking: <u>SNCF Connect</u>: <u>Réservez vos billets SNCF</u>, <u>bus et covoiturage (OUI.sncf) (sncf-connect.com)</u> or <u>SNCF – Timetables</u>, <u>Trains</u>, <u>Traffic</u>, <u>Services</u>, <u>International | SNCF</u> (hours only)

Orly Sud / Orly Ouest Airport

Via Orly Val

Take the Orly Val until Antony (9.30€), then take the RER B towards Saint Rémy les Chevreuses/Massy, stopping at Gare du Nord.

Hours and booking: www.orlyval.com



Airport

Lille

A shuttle links the airport (gate A) to the city center (Euralille mall). Travel lasts about 20 minutes, and costs 8€ (10€ for a return ticket). Hours and booking: www.lille.aeroport.fr

Brussels

Trains regularly link the Airport to the Brussels Midi Station, where you can take another train to Lille. Hours and booking: www.brusselsairport.be

To organize your trip from Brussels city to Lille, just have a look at:

-SNCB: https://www.belgiantrain.be/fr



-Eurostar (Brussel-Zuid to Lille Europe): https://www.eurostar.com/rw-en

-SNCF TGV: https://www.sncf-connect.com/billet-train

Charleroi Airport

A shuttle exists between Charleroi Airport and Lille.

Flibco buses will take you right in front of the terminal just a few meters from the check-in desks and they will drop you off at Lille Europe Station (from 17€): https://www.flibco.com/fr



Via Bus

Take the bus AIR FRANCE line 1, bus stop Montparnasse. The one-way ticket costs 12€ (20€ for a return ticket). There, take the underground towards Porte de Clignancourt and stop at Gare du Nord.



Via RER

Go by foot to the Pont de Rungis / Aéroport d'Orly train station. Take the RER C (From 6,15€) towards Argenteuil/Montigny-Beauchamps, and stop at Saint Michel Notre Dame. Then, take the RER B (From 12,50€) towards Charles de Gaulle/Crépy en Valois and stop at Gare du Nord.

The underground ticket costs 1,90€.

Hours and booking: www.aeroportsdeparis.fr

• Once you are at Gare du Nord

Once you have arrived safely at the Gare du Nord, you will be able to take a train to Lille (either the Lille Flandres or the Lille Europe Station). Hours and booking: SNCF Connect or SNCF.com/en (hours only)

There are also buses that link Paris Bercy to Lille in 3 hours, prices starting at 5,99€ for the one-way ticket. Information and booking: FlixBus.fr



2. Presentation of the City



Nicknamed "the Flanders' Capital", Lille is a town situated in the North of France.

Lille is ideally located at the heart of northwestern Europe, thus providing easy access to several great European capitals thanks to a big variety of means of transport such as high speed trains or buses. It is located in the center of a triangle of great capitals such as Brussels, Paris and London.



With other towns like Lomme, Tourcoing, Roubaix, Lambersart and Villeneuve d'Ascq, it constitutes one of France's great metropolis. These towns are regrouped in the "Métropole Européenne de Lille". It is also considered as the fifth-largest urban area in France after Paris, Lyon, Marseille and Toulouse.

With its 100,000 students, Lille is a very dynamic, cultural, and enjoyable town to live in, and benefits from a good transports network, the Euralille mall, and other cultural events.



Lille's ID card



LILLE: THE FLANDERS' CAPITAL



Climate: Oceanic temperate climate?

Population: 232 787

Area : 34.8 km²

Statue: Department of the North

Mayor: Martine Aubry (until 2026)

Climate

Lille benefits from an oceanic temperate climate. During both autumn and spring, the weather is quite mild, but the sky can sometimes stay grey for several days. It rains regularly, mostly in autumn. Temperatures can vary from 3 to 20 °C.

During winter, temperatures are comprised between 0 and 6°c, sometimes going below 0°C. Either it rains or snows; or it can be very windy.

Weather in summer is generally sunnier and warmer, with temperatures ranging from 10 to 23°C, sometimes going higher. However, rain can still fall from time to time, and storms can happen.

Méteo France website: https://meteofrance.com/previsions-meteo-france/lille/59000





SCIENCES PO LILLE.

SMALL LIST

WHAT YOU CAN VISIT IN LILLE

EURALILLE SHOPPING CENTRE

THE OLD LILLE WITH ITS FLAMBOYANT **ARCHITECTURE**

THE PALAIS DES BEAUX-ARTS THE SECOND LARGEST GENERAL-INTEREST MUSEUM IN FRANCE, JUST AFTER THE LOUVRE

THE TOWN HALL AND ITS BELFRY

IT WAS BUILT FROM 1924 TO 1932 BY EMILE DUBUISSON WHO WAS INSPIRED BY THE TRIANGULAR- THE CITY WALL OF LILLE, IN GABLED FLEMISH HOUSES. ITS 104 METRES-HIGH BELFRY IS LISTED AS A UNESCO WORLD HERITAGE SITE

THE CITADEL

PENTAGONAL CITADEL OF FRANCE. IT WAS BUILT BETWEEN 1667-1670

OPERA HOUSE OF LILLE

NEO-CLASSICAL OPERA HOUSE, BUILT FROM 1907 TO 1913. ON THE TOP YOU CAN SEE THE STATUE OF APOLLO WITH NINE MUSES. TODAY IT HAS A BUSY PROGRAMME OF **EVENTS**

THE BASILICA OF NOTRE DAME DE LA TREILLE

A ROMAN CATHOLIC CATHEDRAL AND BASILICA, AND A NATIONAL MONUMENT OF FRANCE

08

GRAND PLACE

WITH ITS OLD STOCK EXCHANGE A SECOND-HAND BOOK MARKET CAN BE SEEN INSIDE. IN SUMMER, TANGO DEMONSTRATION

EGLISE DU SACRÉ COEUR A CHURCH BUILT DURING THE 19TH CENTURY

THE RIHOUR PALACE

ONE OF THE RARE REMINDERS OF THE FLAMBOYANT GOTHIC STYLE IN LILLE



Other things important to see

- 1. *Paris Gate* (There are three remaining gates of the city in existence and The porte De Paris is the most striking of them. It is close to the Town Hall and the belfry. It was erected between 1685 and 1692 and it features figures of Mars and Hercules symbolizing War and Power.)
- 2. *Sebastopol Theatre* (The conviviality between artists and public has improved since 1998, when the theatre was reconstructed, in order to offer a greater comfort. Today, Sebastopol theatre has no more than 1350 places and offers to its public an excellent visibility and a perfect accoustics which contribute to its continued success)
- 3. *The Saint Sauveur Station* (Lille-Saint-Sauveur is a former goods station of Lille with some of the buildings has been converted into recreational areas and exhibition on the occasion of the events of Lille. The building, which dates from the nineteenth century, was converted into an exhibition space and event planning and now houses a bar, a restaurant and a cinema)



- 4. *The Maisons Folie in Lille and Lomme* (The two Maisons Folie in Lille (Maison Folie Moulins and Maison Folie Wazemmes) and the Maison Folie in Lomme (Maison Folie de Beaulieu) are a new style of cultural infrastructure, born from the energy and dynamism injected by Lille 2004, European Capital of Culture. As cultural amenities, they are meeting points for encounters between local, national and international artists, troupes and organisations, whilst also involving residents from the adjacent districts in their projects)
- 5. *Wazemmes Flea Market* (with food, flowers, fabrics and exotic products, it's one of the largest markets in France. Colourful, with a "soho" atmosphere, you'll often hear an accordion being played. Held on Sunday, and often attracting crowds of up to 15,000)



"La Braderie"

Lille hosts an **annual flea market** (called "La Braderie") on the first weekend in September. Between two and **three million visitors** are drawn into the city. It is one of the largest gatherings of France and the largest flea market in Europe.

Many of the roads in the inner city (including much of the old town) are closed and local shops, residents and traders set up stalls in the street.



"International Festival Série Mania"

Since 2010, Lille hosts the "séries mania" festival every year. It lasts about 10 days in which it organizes premieres of many TV shows from all over the world. It is a very interesting event if you love TV shows as you may be able to meet directors, actors, scriptwriters...

It is free and open for all.

If you want more info, here is the link of the website: Festival Séries Mania (seriesmania.com)





3. Sciences Po Lille



As an international institute, Sciences Po Lille is a highly selective public institute of higher education specialized in law, the humanities and social sciences (political science, economics, history, and sociology).

With an enrolment of 1 650 French students and 250 international students from more than 50 countries and 5 continents, Sciences Po Lille offers a large variety of courses taught in English, Spanish and, of course, French.

Our acceptance rate is one of the lowest in France, as less than 10 % of applicants are granted admission.

We constantly strive to reinforce our international standing by developing our partnerships with international universities, working with our international partners to expand our selection of dual Master's degree programs, and welcoming a greater number international students.

Lille is ideally located at the heart of northwestern Europe, thus providing easy access to several great European capitals thanks to high-speed train service. With its rich cultural and student life, Lille is a very enjoyable place to live.

We would be thrilled to count you among our partners and students.



General Presentation

Created in 1991, Sciences Po Lille is one of France's nine prestigious Institutes for Political Studies. These highly selective and elite institutes function under the aegis of the National Foundation of Political Science.

A part of the University of Lille and the Advanced Research and Higher Education Center of Northern France, Sciences Po Lille is led by Pierre Mathiot. Eric Charpentier, chairman of the company Credit mutuel Nord Europe, presides over its board of trustees.



Pierre Mathiot
Director of
Sciences Po Lille

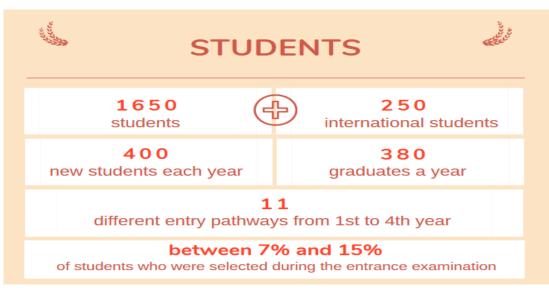
Students wishing to attend Sciences Po (1st year, 2nd year or Master's program) must pass highly selective and competitive entrance exams (a 7 to 12 % pass rate).

With its decidedly international focus, Sciences Po Lille welcomes exceptional students and prepares them for high-level careers in the private and public sectors, international organizations, NGOs, European Institutions, senior civil service, and human resources.

Many of our graduates also find success in the fields of journalism, teaching and research. In 2011, the opportunity to perform a double major with the School of Journalism was established and in September 2015, fifth year students majoring in international finance and commerce can now put their academic knowledge into practice by alternating their time between their studies at Sciences Po with a work placement.



Sciences Po Lille by the numbers









Our academic programs

A 5-year program for students joining in the first year. The third year is spent abroad, studying at a foreign university for a whole year or a semester (completed with an internship abroad).

A 2-year program for students joining the Master's program.

According to international standards of higher education, the diploma awarded by the Institute of Political Studies of Lille (Sciences Po Lille) is equivalent to a Master's degree, or 300 ECTS.

Tuition

The cost of tuition is set by the Sciences Po Lille Board of Trustees. It can vary from 0€ to 4000 €, depending on your parents' income.

A program with an international focus

Our 5-year program combines a general and multi-disciplinary 3-year undergraduate program (students choose a pre-specialization in the second year) with a professionally oriented 2-year master's program. The third year - a year abroad - is fundamental and lies at the heart of the program.

All students are required to spend their third year abroad, either studying at one of Sciences Po Lille's 235 partner universities for a whole year or a semester completed with an internship with a foreign company, government or NGO. This year abroad is a true turning point of the program and enables students to improve their language skills, discover other cultures and refine their orientation for the master's program.

Dual degree programs

Early on, Sciences Po Lille decided to capitalize on its prime geographic location to develop its international relations. Since 1999, four dual degree programs have been established in partnership with three European universities:

- University of Kent at Canterbury (Great Britain),
- University of Münster (Germany),
- University of Salamanca (Spain),
- University of Rome, La Sapienza (Italy)



The students admitted to these programs spend two years abroad experiencing a different academic environment and following a rigorous curriculum that is perfectly coordinated with the Sciences Po Lille program. Upon graduation, these students receive a degree from the partner university in addition to their Sciences Po Lille diploma.

Franco-German dual degree in social and political sciences



Created in 1999, the Franco-German dual degree offers students the opportunity to study social and political sciences in France, at Sciences Po Lille, and in Germany, at the Westfälische Wilhelms-Universität of Münster.

Students may spend their fifth year of study in Lille, Münster or at a partner university (University of Lille 1, 2 or 3, the University of Kent in Great Britain, or the University of Twente in The Netherlands). Every year, an equal number of French and German students are selected to attend each participating institution.

Upon completing the program, students are awarded three diplomas: a bachelor's degree from the University of Münster, a master's degree from the University of Münster, and the Sciences Po Lille degree. They also receive a certificate from the Franco-German University that supports the program.

Sciences Po Lille selects the French students for the program, while the University of Münster selects the German students. The number of students accepted to the program is based on the number of places available (generally 40). These students stay together throughout their university studies.

With the Franco-German dual degree program, students receive degrees recognized in two countries, two cultures and two different systems of higher education. This experience encourages students to be open-minded and develops their ability to adapt to new environments.

This program also provides students the perfect opportunity to improve the two languages. English is also frequently used at both universities, which further reinforces the students' linguistic abilities.

It is also possible to enter this degree in Master's Cycle and get a double Master in "European and International Governance".



Franco-British dual degree in social and political sciences

Established in 2002, this combined program in social and political sciences allows British and French students to earn a specialized Franco-British Sciences Po Lille diploma as well as a Bachelor of Arts degree and a Master of Arts degree from the University of Kent at Canterbury.



The number of students accepted for this 5-year program is determined each year according to the number of places available. Those selected study together for the entirety of the program: the 1st year is spent at Sciences Po Lille, the 2nd and 3rd years at the University of Kent, the 4th year at Sciences Po Lille, and the 5th year at Sciences Po Lille or at the University of Kent (in Canterbury or Brussels).

The Franco-British program allows students to earn degrees recognized in both countries, in two cultures and two different systems of higher education. This experience encourages students to be open-minded and develops their ability to adapt to new environments.

This program also provides students the perfect opportunity to master two major languages.

• Franco-Spanish dual degree in social and political sciences



Sciences Po Lille and the University of Salamanca established a common program in social and political studies in 2006. This program invites French and Spanish students to earn two degrees: the specialized Franco-Spanish Sciences Po Lille diploma and a Master of Arts degree from the University of Salamanca.



This purpose of this program is:

- to provide students a highly demanding academic education that opens them to a wide range of careers,
- To develop a common academic background for the French and Spanish students accepted to the program each year.

Students may apply to enter this 5-year dual degree program in the first or third year. Every year, a well-balanced group of French and Spanish students is selected by each institution, based on the number of places available in both institutions.

At Sciences Po Lille, as at the University of Salamanca, the subjects taught have both a theoretical and practical interest. Students are provided with a strong base in the humanities before being prepared for a specialized range of national and international careers.

Double masters

Double master in Europe and the world

This 2-year program aims to provide students with in-depth knowledge of contemporary European policy, including the international relations of the EU and its member countries. Students spend their first year at Aston University and the second at Sciences Po Lille, where they also complete an internship. The students selected for this program have the opportunity to study European affairs from both a British and a French perspective.

The double MA degree they earn prepares them for careers in European affairs, in both the public and private sectors.

1st year

The courses are provided by the Department of Politics and International Relations of Aston University's School of Languages and Social Sciences and are taught by specialists in Politics, International Relations and European Studies. Students also benefit from the influence of the school's other fields of study, such as the Human Sciences and languages. Thanks to the teams of the Aston Centre for Europe (ACE), the Department of Politics and International Relations is experiencing rapid growth and development.

2nd vear

In their second year of study, students benefit from the experience of the entire academic staff of Sciences Po Lille, and particularly that of our European affairs specialists. They also have the opportunity to learn from leaders in the field who are invited to give lectures, conferences and debates.



• Double master in European studies: Central and Eastern Europe

Hosted by the University of Szeged (Hungary) and Sciences Po Lille, this new program (established in 2012) aims to equip students with in-depth knowledge of contemporary European issues, including the international relations of the EU and its members, with a strong focus on Central and Eastern Europe. Students who earn this double degree develop an understanding of European Affairs from both a "new Europe" (Hungarian) and "old Europe" (French) perspective. This program prepares students for careers in European Affairs in both the public and private sectors.

As they alternate semesters between the two universities, the students benefit from the experience of the academic and research teams of both the University of Szeged and Sciences Po Lille. Particular emphasis is placed on the issues and affairs of Central and Eastern Europe, such as their integration into the EU and other international relations.

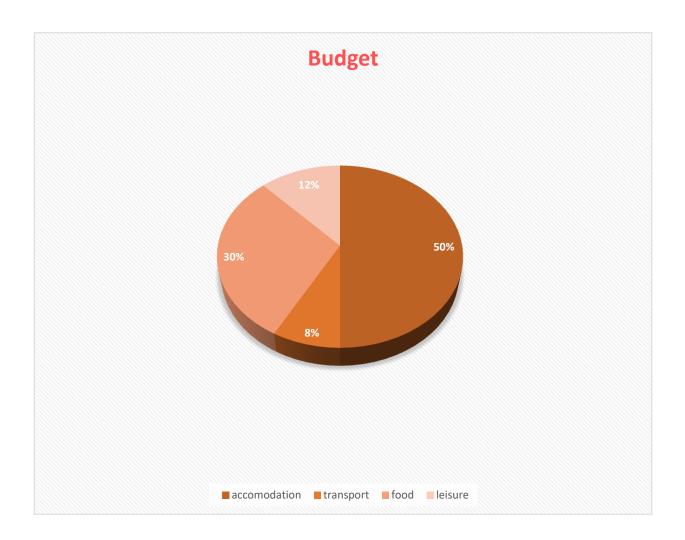
The subjects covered (institutional, diplomatic and economic issues) encourage students to develop their knowledge of this rapidly growing field.

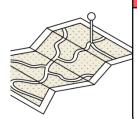


4. FINANCING

Before your departure, you should think about financing your stay in France, plan a budget according to your funds, and evaluate your needs. To live comfortably in France, you must have between 700 and 900 € per month at your disposal (lease, food, healthcare, books, leisure, outings, etc.) A minimum of 615€ per month is required to obtain a residence permit.

To know more about grants for international students, please consult the Campus France's grants listing.





000

Exemples of living expenses

Transport in Lille and its area



00

TRANSPORT

Transport in Lille (bus, metro, tramway...) (ilevia.fr)

Trains (booking : SNCF Connect)

Buses (https://www.flixbus.fr/)

Cars and car-pooling (blablacar.fr)

CULTURAL ACTIVITIES

Fine Arts museum

Natural history museum

Cinema UGC Lille



Opera

Sebastopol theater

Charles de Gaulle birth place



PRICE

- 30€ with a monthly subscribtion (if you're under 26)
- Per tickets: 1,70
- 15€ to 70€ : Lille Paris
- 10€ to 40€: Lille Bruxelles
- 65€ to 180€ : Lille London
- 5€ to 25€: Lille Paris
- 5€ to 15€: Lille Bruxelles
- 15€ to 45€: Lille -**London**
- The price mainly depends on the driver



PRICE

- 4€ (student rate)
- 3.5€ (student rate)
- 8.90€ (student rate)
- 5€ to 90€
- 20€ to 90€
- 4€







000

Exemples of living expenses

Sport, accomodation, food...

SPORTS	PRICE
Fitness club (such as Basic Fit))	• 20€ per months
Sports clubs (https://www.lille.fr).	Depends on the club
Practice(some sports are proposed by the University)	• Free
Swimming pools (three in Lille)	 Per entry : 1.90€ to 5 € 10 tickets pass : 15€ to 45€
A HOUSING	PRICE
Flat sharing	• 250 € - 500 € / months
Small flat in Lille	• 400 € - 700 € / months
FOOD	PRICE VIA HTTPS://WWW.LECOUTDELEXPAT.COM/
Rice (1kg)	• 1.56€
Eggs (12x)	• 3.03€
Beer (0.50L)	• 5.25€





000

Exemples of living expenses

Sport, accomodation, food...

FOOD	PRICE
Cheese	• 1.50 €
Milk (1L)	• 1€
Potatoes (1kg)	• 1.46 €
University cafeteria	• 3€
NEWSPAPER	PRICE
Daily newspaper	• 1 € to 2€
weekly newspaper	• 2€ to 4€
READING	PRICE
Books in stores (Fnac, Furet du Nord)	• Between 10€ and 25€
paper back	• 6€ to 9€
Public library	• Free



Bank Account

Opening a Bank Account

The opening of a bank account in France is optional but highly recommended in order to simplify administrative procedures such as accommodation, mobile phone etc.

You can open a bank account in France in any Bank of your choice. To do so, you will need a passport or an ID card and a proof of French address.

The counsellor will offer different kinds of accounts. To choose well, you can ask them some questions such as: Can I consult my bank account online? Are there any opening and closing fees? Do I have to pay to withdraw money from an ATM? Can I withdraw money from another bank's ATM? Do I have to pay to do so?

The ESN association (Erasmus Student Network) also has a partnership with the LCL bank. If you join the association, you can benefit from advantages in this bank.



Choose your bank carefully and take into consideration that each bank has different offers for students and demands a different amount of money for the opening of the bank account.

If you are looking for accommodation through real estate agencies you should be aware of the fact that it is essential to have a French bank account.

Transferring money

A transfer (or 'Virement', in French) is a method of payment from one bank account to another. You can transfer money online, or in the agency. In both cases, you will need a RIB (your bank account details) on which figures your account number.

Money Deposit

In the agency, you will find the necessary documents to make a deposit (checks or bills). Some information must figure on the documents, like your account number. If you pay in a check, do not forget to write your account number and to sign on the back of it.



CROUS RESTAURANT

YOU CAN USE IZLY WITH YOUR STUDENT CARD.

IF YOU HAVE NOT RECEIVED AN EMAIL FROM THE CROUS, PLEASE SEND AN EMAIL TO ASSISTANCE-IZLY@CROUS-LILLE.FR

THEY WILL ASK YOU TO SEND A "CERTIFICAT DE SCOLARITE" — YOU RECEIVED ONE ALONG WITH THE STUDENT CARD.

R.U. Barrois (cité sicentifique)

Villeneuve d'Ascq (Cité scientifique) - Ouvert aujourd'hui

R.U. Chatillon (Lille Centre)

Lille (Centre) - Ouvert aujourd'hui

R.U. de Boulogne

Boulogne sur Mer - Ouvert aujourd'hui

R.U. de Dunkerque

Dunkerque - Ouvert aujourd'hui

R.U. de Lens

Lens - Ouvert aujourd'hui

R.U. Le Rambouillet (Cambrai)

Cambrai - Ouvert aujourd'hui

R.U. Les Botaniques

Tourcoing - Ouvert aujourd'hui

R.U. Mont Houy 1

Valenciennes (Domaine Universitaire) - Ouvert aujourd'hui

R.U. Ronzier

Valenciennes (Centre) - Ouvert aujourd'hui

R.U. Sully (Lille I)

Villeneuve d'Ascq (Cité scientifique) - Ouvert aujourd'hui R.U. Chatelet (Lille CHR)

Lille (CHR) - Ouvert aujourd'hui

R.U. d'Arras

Arras - Ouvert aujourd'hui

R.U. de Douai

Douai - Ouvert aujourd'hui

R.U. de la Mi-Voix (Calais)

Calais - Ouvert aujourd'hui

R.U. Flers (Lille III)

Villeneuve d'Ascq (Pont de bois) - Ouvert aujourd'hui

R.U. L'Epi (Lille CHR)

Lille (CHR) - Ouvert aujourd'hui

R.U. Lille-Moulins (Lille Moulins)

Lille (Moulins) - Ouvert aujourd'hui

R.U. Mont Houy 2

Valenciennes (Domaine Universitaire) - Ouvert aujourd'hui

R.U. Schweitzer (Bethune)

Béthune - Ouvert aujourd'hui



5. EVERYDAY LIFE

Transportation

• Public Transportation

The Lille Metropolis is composed of several towns (Lomme, Lambersart, Roubaix, Tourcoing, ...) linked by a public transportation network (underground, bus, tramway) managed by the **Ilévia** company. To use this network, you must have a ticket, which can be bought in underground stations (distributors), or in some tobacco stores, cafés, or newspaper stores, which display the Ilévia logo. After having been presented to the machine, these tickets are valid for one-way travels, with connections.

	All customers	Season Ticket Holder (-26) Viva
One-way Ticket	1,70€	Included in either Weekly or Monthly ticket
ZAP Ticket (3 stations)	1,10€	Included in either Weekly or Monthly Ticket
Book of 10 tickets	14,90€	12,25€
Ticket "Pass Journée"	5€	Included in either Weekly or Monthly Ticket
Monthly Ticket	60€	30€

More information on: https://www.ilevia.fr/fr/

Underground lines





Trains

The SNCF (French Rail Network) allows travels on the entire French territory. For young people aged from 12 to 27 years old, the 12-17 and the 18-27 there is the **Advantage Jeune Card**. It offers discounts up to 60% on travels, for an initial cost of 50€ per year. More information at: <u>Save on travel with the Avantage Jeune card | SNCF</u>



Bicycle

Bicycle is one of the fastest ways to go from one point to another in town. It is practical, economic and ecological! Lille has numerous bicycle paths throughout the town.

If you want to use one, you can:

1. Use the <u>V'Lille</u>, a bicycle self-service system. You can buy a subscription online or at a V'Lille station. It is 1.45€ per day and between 26€ and 39€ for a year. You have a V'Lille station near Sciences Po Lille. You can see all the stations on the station's map at the following link: <u>Stations V'lille - ilévia (ilevia.fr)</u>



- 2. Buy a new bicycle in stores such as B'Twin, Cyclogreen or Décathlon;
- 3. Buy a second-hand bicycle on those useful links: Association Droit au Vélo or Le Bon Coin



6 Housing

Hunting for Accommodation

It is sometimes difficult for students to find accommodation. Ads websites can help you to that extent. They allow you to select specific criteria such as price, location, floor area, number of rooms, and so on. In Universities, you may find ads on notice boards.

In addition, if you are looking for accommodation through real estate agencies you should be aware of the fact that it is essential to have a French bank account and a French guarantor.

Sciences Po Lille Housing Platform

The university housing platform will help you to:

- Find a rental close to the campus
- Find your international or French roommate(s) and form shared rentals
- Find a room in a French family

Thousands of accommodations from private owners, halls of residence, real estate agencies, or rooms in private homes, are available close to Sciences Po Lille: **Studapart**. Make sure to visit the following link for more information: Studapart - Housing service of Sciencespo Lille on a single platform

<u>Studapart accomodation english version.pdf</u> - <u>Flyer Studapart.pdf</u> (the code is in the flyer)

Housing Anywhere

The concept of this platform is for outgoing students to sublet their room for a short period of time to incoming students. This website is free to use and it operates on a full student-to-student basis.

https://housinganywhere.com/fr/

Useful addresses:

- Halls of residence
 - o Public residences: CROUS (online application form, https://www.crous-lille.fr/international/)
 - Private apartment buildings: Adele.org



Hall of residence

This type of residence is composed of relatively recent accommodations with one or two rooms. These residences are furnished and located near Universities or in the city center. They offer numerous services: common halls, cafeterias, Laundromats, sports halls, TV lounges, parking areas, reception, cleaning...

Renting can begin at any moment of the year, even for short periods (6 months). However, September is a very busy month, and you may not have an immediate answer to your request.

The process to get this type of accommodation is the same that the one for 'classical' rented apartments, that is to say that a bail deposit and agency fees are common.

Useful addresses: Les Lauréades, Les residences Lamy, Estudines, Le Service Logement Etudiant.

Renting privately

You will find ads for private renting on specialized websites. You will have to get in touch with the owner, in that particular case.

Useful addresses:

- → De Particulier à particulier
- → LocService
- → EntreParticuliers
- → Apparticulier
- → Pasdagence
- → Trovit



Temporary housing

If you have not yet found accommodation, there are temporary solutions for you.

- → Youth hostels in Lille (rooms can have fridges, showers and sinks. Cultural activities are often organized in them)
 - o http://www.fuaj.org/Lille.html?page=article
 - o Gastama Hostel
- → Hotels in Lille's city center on Booking. (Warning: some hotels are located outside of the town itself, so be sure that you will be able to get there before booking!)
- → Lodgings at an individual's house: www.couchsurfing.org

Colocation

Colocation consists in sharing accommodation. This type of housing is more and more popular in student circles because it allows for much reduced fees.

Useful address:

→ Air BnB: https://www.airbnb.fr/

→ CROUS https://international.lescrous.fr/

The CROUS is a public organism which manages services destined for students (housing, welfare benefits, international students ...).

You can apply for accommodation on the CROUS website.

CROUS

74 rue de Cambrai, (métro porte de Valenciennes) 59000 Lille

France

Phone: 03 20 88 66 13





Intergenerational housing

If you seek both accommodation and conviviality, some associations can get you in contact with senior citizens who can provide low-fee housing in exchange for a few services (for example, grocery shopping, foreign language or computer classes, or simply company around a meal from time to time).

To find this kind of accommodation, you will have to be a member of the association, and also have to send a motivation file which will indicate your age, your field of studies, whether or not you possess some form of transportation, which services you would be willing to provide, ...

Contact:

Génération Cultures 61, rue de la Justice 59000 LILLE

Tél: +33 (0)3 20 57 04 67

generationsetcultures@nordnet.fr

More information : <u>www.generationsetcultures.fr</u>



Moving in

During the visit, you are encouraged to ask some questions:

- → When and How do I pay the lease? Via check, transfer, or in cash? Will I have a receipt?
- Are there service charges to pay on top of the lease? If so, which ones? (Real Estate Agencies accept only check as a payment method for service charges, payment in advance and security deposit which are usually needed in order to enter the apartment)
- → Can I benefit from the CAF's housing scheme?
- → Is the accommodation bright enough?
- → Which kind of heating system is used? Gas or electricity?
- → What is the prior warning of departure's delay?

<u>The lease agreement</u> must be written down. It must indicate clearly the total amount of the lease and the chosen way and the date to pay for it, the duration of the stay, the nature of the rented property (accommodation only or accommodation and workplace). It must also contain both owner's and tenant's signatures (and guarantor's signature if the agreement is made through a real estate agency), the precise description of the accommodation and the owner's contact details.

<u>The security deposit</u> is the amount that is given to the owner on the lease agreement's signature. It allows the owner to protect himself against degradation or unpaid lease. It usually amounts to one or two months of rent (without service charges). It will be given back at the end of the contract if no degradation of any kind has been observed during the departure inventory of fixtures.

We recommend you to use **VISALE**, which is a no-cost security deposit service for international students. Everything you need to know about this can be read on this link! You can apply for this service online.





<u>The inventory of fixtures (on arrival)</u> serves as an inspection of the apartment. This document describes the precise state of the apartment when you arrive. Do not forget to note existing degradations so that you do not have to pay for repairs when leaving.

<u>Receipt for rent paid:</u> when you pay the rent for the first time, you must ask for a receipt from the owner. This will allow you to prove that you do pay rent. This document can be asked as proof of housing or when applying for the housing scheme, for example.

<u>Insurance</u>: It is highly recommended to insure your accommodation, at least against fires and floods. It is also suggested to contract a public liability insurance. You can also contract one against theft. From now on, all accommodations provided by the CROUS or by real estate agencies must be insured against theft, fire hazards, and water damages. An attestation of such insurance can be demanded at your arrival.

<u>Council Tax</u>: You must pay one if you reside in your apartment on January 1st. the sum varies according to your financial situation and the characteristics of your accommodation (number of windows, location, surface area, ...). People who have low income can benefit from a lowering or an exoneration of this tax. You can get more information if you contact your Tax Center ("Centre des Impôts"). To know which the nearest one is: www.impots.gouv.fr "Vos services locaux" (end of page)

<u>Housing Schemes</u>: The APL (Aide Personnalisée au Logement) and the ALS (Allocation de Logement Social) are State schemes. They are managed by the CAF (Caisse d'Allocations Familiales (Social Welfare Family Allowance)) and the amount varies according to your funds. Precise conditions are to be respected in order to benefit from this allowance. You can build a file (downloadable) on the website <u>www.caf.fr</u> at your arrival in France. It must contain (at least) the following documents:

- → A copy of your passport or ID card
- → A birth certificate translated in French dated no further than 3 months back
- → A copy of your student card or certificate of attendance
- → A RIB (see Financing)



→ A copy of the OFII label for non-EU students.

The file must be completed in the month following your arrival in France. Count a 2 months delay before receiving the first payment of the allowance. For CROUS residents, the APL will be transferred directly to the Hall of Residence and will be deducted from your lease. If you choose to live in a colocation, each inhabitant must constitute a file for the CAF.

For more information, and to run a simulation: www.caf.fr

After finding your accommodation, you may have some other things that need to be done:

→ Signing a contract for gas and/or electricity

EDF / GDF is the main provider for gas and electricity in France, but you are free to choose which provider is the best for you.

- → Looking for Communication means (see Communication)
- → Furnishing your accommodation: there are some solutions to find second-hand furniture (junk shops, websites, associations...). There are also websites where you can rent furniture and home appliances offering packages in good prices

Useful links:

- → Ameublea https://ameublea.fr/
- → Le Bon Coin: www.leboncoin.fr
- → Emmaüs : www.emmaus-france.org
- → Troc.com : www.troc.com
- → Donation Websites :
 - https://www.corecyclage.com
 - o www.recupe.net



Moving out

The prior warning of departure must be written to the owner. It consists in informing your property owner of your departure date. A period of one to three months is to be anticipated (or the period agreed on in the lease agreement).

You should also warn the CAF of your departure at least a month beforehand so that they may know when to stop paying the allowance, if you benefit from one.

To end your gas and/or electricity contract, you need to warn the company of your departure. Meter-readings are often required so that you do not pay more than is necessary.

The departure's inventory of fixtures is an inspection of the accommodation by the owner, who checks that nothing has been degraded during your stay. Accommodations must be clean and completely empty at the time if you want to get your security deposit back. It is also the moment to give the keys back to the owner. A legal period of two months is allowed the owner to return you the security deposit.



AVOIDING SCAM!

Please, always be extra careful when you are looking for an apartment to rent in France, especially when browsing Le Bon Coin or Accomodation Groups on Facebook!

A scammer will often ask you for a "Mandat Cash" payment (as it can easily be made untraceable) and will often try to speed up the process by telling you to transfer the money as soon as possible so you will not have much time to think and notice the scam process.

Renting an apartment in Lille can be quite pricey. If you see an offer that is way cheaper than the rest, there might be something wrong with it. If it seems too good to be true, it probably is...

If you are able to, try to visit the accommodation before moving in to make sure that the place actually exists and is being rented.



7. COMMUNICATION

Keeping informed

Press





There are two types of newspapers:

- -Free ones: they are often handed to you when exiting a subway or rail station. You may also find some in tobacco stores.
- -Paying newspapers: they are available in tobacco stores, newsstands...

Online press



You can also read the press online, however some websites only allow subscribers to access to the contents of the articles.

TV



There are several hundreds of channels available in France, though most of them are not free. Some of them put forward regional editions of the news, or educative, cultural, or sport programs.



Radio



There are a lot of radio stations in France, such as France Bleu Nord, France Culture, France Inter, France Info, LeMouv' and Radio Campus (which is a student radio managed by Lille 1's Students)

Making Calls



The French phone number is composed of 10 signs. The first two change according to the geographical area. To reach France from abroad (may you contact a mobile or landline phone), you have to dial 00 33, then the phone number omitting the first 0. For example, to call the 03 20 11 22 33, you must dial 00 33 3 20 11 22 33.

Most students have a mobile phone of some sort. Once in France, you should change for a French operator (and there are numerous ones). Having a French phone number definitely facilitates your life here.

If you do use your phone much, you can use pay as you go plans offered by all operators. You will find refills in tobacco stores as well as malls. If you use your mobile phone quite often, it would be better to contract a subscription, which will be a better bargain.

Warning: Subscriptions are usually a year-long at minimum, but it can last 2 years if you prefer specific offers. Take the time to read very carefully the contract before signing anything.

Another option is to buy a package including Internet, unlimited Phone Calls/SMS/MMS to Metropolitan France, phone calls to 100 destinations worldwide, without engagement in special prices starting from 2€.

Internet Access



To have access to Internet at home, you need to have a telephone line. Operators often offer packages (Internet connection, phone use, TV) with monthly fees starting from 15€. Comparison of prices can be found here: http://www.ariase.com/fr/comparatifs/index.html

International Student's Guide 2023-2024



Or here: 02 99 36 30 54

You should know that 2 or 3 weeks may be required between the signature of the contract and the use of the products.

You can also use Wi-Fi Hotspots offered by the most of the operators.

If you leave in a residence, most of the time, you can benefit of a central Wi-Fi installation.

If you have a laptop, you can have access to the University network thanks to wireless terminals. They are several in the Institute. When you finalize your application to Sciences Po Lille, you will be given your user ID and password for you to use the wireless and the ENT (Environment Numérique de Travail (Intranet)). Some computers are also available for you to use in the computer labs.

Some public areas provide a wireless network, like cafés, fast foods, trains, hotels ... If you do not have a laptop, you can use cybercafés to get to the Internet.

Postal Services

You can send both letters and packages through <u>La Poste</u> (the French postal service). Fees vary according to weight and destination. Stamps can be bought at La Poste or in tobacco stores. You can also buy stamps online and print them yourself. It costs approximatively 1.13€. Here is the La Poste website: https://www.laposte.fr/

Info: it is possible to pay your electricity bill in La Poste's counters.



8. HEALTH

Affiliation to the Social Security System

For EU Students

The CPAM (Caisse Primaire d'Assurance Maladie (Health Insurance Office)) will manage reimbursements of treatments on presenting the European Health Insurance Card (which you need to get before leaving for France). To be reimbursed, you will have to go to the CPAM with your European Health Insurance Card, the treatment forms and a RIB. The amount will be transferred to your bank account shortly.

You can also subscribe to an additional healthcare cover to be better reimbursed, since the Sécurité Sociale do not reimburse all of the medical fees.

For more information on French health care registration process check out on the following website: https://etudiant-etranger.ameli.fr/#/

For non-EU students

Exchange students (including Turkish students) have to be affiliated to the French Healthcare System during their exchange experience.

The registration process is mandatory and free of charge from the French Healthcare Website called "Ameli". More information here: https://etudiant-etranger.ameli.fr/#/

Nevertheless, please note that you can take a supplementary health care coverage in order to be reimbursed at a higher rate.

For Quebeckers, a memorandum of understanding exists between both Governments. If you have either the SE401Q102 form or the SE401Q106 one, you will not need to subscribe to the French Healthcare System.

International Student's Guide 2023-2024



Finding a Doctor

If you need an appointment with a Doctor in France, we recommend you to use the <u>Doctolib website</u> which lists all doctors in an area and allows you to make an online appointment.

To see a general practioner near Sciences Po Lille, simply look for a "médecin généraliste" in Lille. Before booking an appointment, make sure to look at the FAQ section of the doctor's page, to make sure that the doctor can accept new patients and that he can speak a language you can understand. These are the two elements that you may want to look out for:

- Quelles sont les langues parlées par [Doctor's name] ?
 Les langues qui peuvent être parlées avec [Doctor's name] sont les suivantes : [languages]
- Est ce que [Doctor's name] accepte de nouveaux patients ? Oui, [Doctor's name] accepte des nouveaux patients

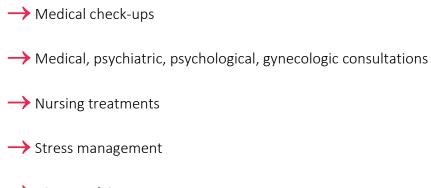
For all emergencies, you can directly go to **SOS Médecins** (3 Av. Louise Michel, 59000 Lille, located next to the "*Porte de Douai*" metro station). You do not need an appointment but you may have to wait a bit before your examination...



Health Prevention Program

• The SIUMPPS (Service Interuniversitaire de Médecine Préventive et de Promotion de la Santé)

It is composed of general and specialist practitioners, nurses, psychologists and caseworkers. They are here if you need them, especially for:



- → Dietary advice
- → Helping you stop smoking
- → STD prevention

• The SPS

A medical and social team welcome you and offer:

- → Preemptive consultations: vaccination, stop smoking
- → Screening and preventing tuberculosis and STDs

Some of them offer anonymous HIV screening consultation.



Contact:

Service de Prévention Santé de Lille 8 rue Valmy 59000 LILLE

Tel: 00 33 (0)3 20 18 13 60

Addictions and Illnesses Guidance and Treatment

SIDA Info Service (AIDS information)

+33 (0)800 840 800

www.sida-info-service.org

Centre d'Information et de Traitement des Dépendances (Information and Treatment of Addictions) 57, Boulevard de Metz 59000 LILLE +33 (0)3 20 44 60 98

Drogues, Alcool, Tabac Info Service (Information on Drugs, Alcohol and Tobacco)

Tél: 113

https://www.tabac-info-service.fr/ https://www.alcool-info-service.fr/

Institut Pasteur

Tobacco: +33 (0)3 20 87 79 90

Dietary advice: +33 (0)3 20 87 71 74

Alcohol: +33 (0)3 20 87 78 47 1, rue du Professeur Calmette

BP 245

59019 LILLE CEDEX

Tel: 00 33 (0)3 20 87 78 00

www.pasteur-lille.fr

Hospitalization

The CHRU (Centre Hospitalier Régional Universitaire – Regional University Hospital Center) of Lille is the only University Hospital Center in the Nord-Pas-de-Calais. It offers you, should you be hospitalized, Emergency International Student's Guide 2023-2024



services (ophthalmology, cardiology, gyneco-obstetrics, pediatrics, vascular, traumatology...). It is located at the end of the yellow metro line (CHU Eurasanté).

Sexist and sexual violence

If you are victim of any form of sexist and sexual violence, you can report it at the following link: <u>Sciences Po Lille (sciencespo-lille.eu)</u>. Once you have filled the document you will have an appointment with two members of the counselling and assistance team. They will listen to you and help you determine the following steps. The report can remain confidential as long as you want it to.

Contact:

Centre Hospitalier Régional Universitaire

2, avenue Oscar Lambret 59037 LILLE CEDEX

Tel: 00 33 (0)3 20 44 59 62

Emergency phone numbers:

- 15: Medical Emergency (SAMU)

- **17**: Police

- 18: Firefighters

- 112: European Emergency number

9. VISA

If you come from outside the European Union, chances are a visa will be required for you to study in Sciences Po Lille. However, good news! Since April 2021, the whole visa process for international students can be done online, more information here: https://www.campusfrance.org/en/student-visa-for-france-login-to-france-visas

Visa applications must be submitted from the **France-Visas Website**:

https://france-visas.gouv.fr/en US/web/france-visas/



10. CONTACT

If you have any question, or if you would like to get more information, please contact:

Fabienne Zélent-Clairis

Coordinator of Incoming Mobilities

Fabienne.zelent-clairis@sciencespo-lille.eu

Valentin Dumetz

Assistant in charge of Incoming Mobilities

valentin.dumetz@sciencespo-lille.eu

OPEN OFFICE HOURS: FROM 9:00-12:00//2:00-5:00 FROM MONDAY TO FRIDAY

Looking forward to meeting you soon, for a wonderful experience at Sciences Po Lille!